

COVID-19 APPEAL

- ONE YEAR ON

Here is the difference you have made...

It's one year since we launched our Covid-19 Emergency Staff Support Appeal. We've been overwhelmed by the support we have received - individuals and JustGiving fundraisers have raised and donated thousands of pounds and written wonderful messages of support. Local, national and international companies have provided a vast array of gifts in kind and donors to the FeedtheNHS have kept our staff fed and watered. We are enormously grateful to you and so its a true pleasure to share this brief update about the incredible difference you have made to our UCLH NHS heroes. Thank you.

Food

For the last year, staff have been working 24/7 caring for very sick patients, under very difficult circumstances. We've made sure they've had access to hot, nutritious food and have provided essential kitchen equipment to enable them to refuel and recharge during those much needed breaks.

27 

coffee machines donated to staff kitchens and rest areas across UCLH

29

fridges bought, delivered and installed in three of our hospitals

170K 

hot healthy meals delivered to frontline staff, many from Leon thanks to the #FeedtheNHS campaign and donations to our Covid-19 staff appeal

26

microwaves purchased for staff kitchens



fresh fruit was provided to staff for over 20 weeks through direct donations and funds raised through our appeal

12

kettles purchased for staff kitchens



"Warm delicious food delivered on cold dark days cheered us up when we were all feeling completely exhausted. We felt like UCLH was caring for us while we were intensively caring for our patients. Lunch is a small thing but it made a huge difference to our wellbeing. My personal favourites were Leon's famous Chili Con Carne and the super popular classic Chicken Burger. They have never failed to brighten up my day!" Thank you @leonrestaurants @ uclhcharity

Dr Damon Kamming
Consultant anaesthetist, UCLH

Wellbeing

A year of working long shifts in personal protective equipment (PPE) has taken its toll on staff. Chapped hands from frequent handwashing, marked skin from wearing masks and the emotional strain of looking after very sick patients has meant it's been a tough time. Generous donations of personal care items including face and hand creams, body lotions, lip balms, etc. helped to make a tough year just a little bit better.

6,000+

individual tote bags with full sized toiletries and care products



000'S

of items delivered in weekly wellbeing hampers to wards



£900,000

the retail value of the personal care products that were donated and given to staff across our hospitals

5,000

5,000+ hours of volunteer time organizing and distributing donations to staff



5,000

therapeutic colouring books, designed by well-known artists were distributed to aid distraction from the stresses of hospital life



Anna Swift
Senior matron, Emergency Department and Acute Medical Unit, UCLH



"The little treats - the chocolate, the lip balms, the handcreams - have been so welcome. We've been working really hard, and in new ways which has been really challenging, so the treats have given us all a much-needed extra boost and brightened our day. It's made us feel loved and really special, and it is so appreciated."



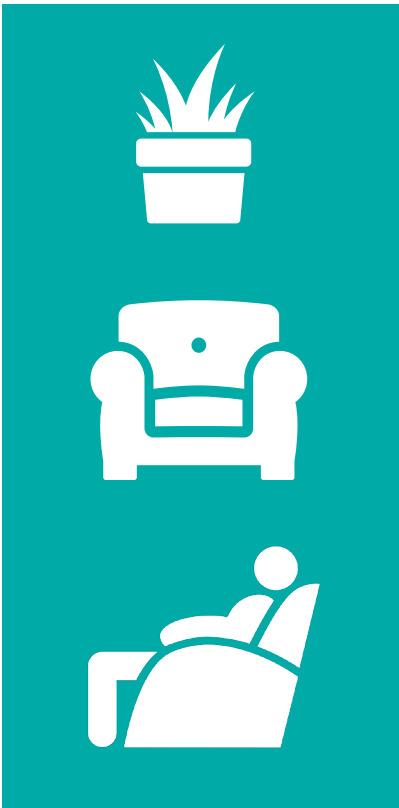
24/7

operation for the Care 1st wellbeing service funded from our covid-19 appeal donations during the 1st wave, Care-First provides round the clock psychological support via phone, face-to face and on-line



Cycle project

120 new secured cycle stations and a dedicated shower facility to make it easier and safer for staff to cycle to work.



Respite

The pandemic raised the need to create dedicated rest and wellbeing spaces at our hospitals and to improve existing facilities for staff to relax, recharge, refuel and spend some much-needed time away from the stress of clinical areas.

- 7** 3 respite pods and 4 massage chairs purchased and placed in staff areas to give them some privacy and therapy during their long shifts
- 6** completely refurbished on-call overnight rooms at University College Hospital at Westmoreland Street so junior doctors and nurses can rest well and be on site when needed during the Covid pandemic and beyond
- 4** furnished wellbeing areas created for staff
- 2** completely refurbished staff rooms and kitchens at UCH Westmoreland Street

Donations have also provided funds for:

A three year study into Covid-19 immunity

A dermatology clinic for staff suffering with skin problems because of PPE equipment

cognitive trauma therapy for frontline workers

and thanks to our partnership with NHS Charities Together, we were able to fund the following projects:

BAME Covid-19 research

Mobile Art therapy for patients and staff

Music Therapy

Your support has made all of this and more possible. Thank you for making an amazing difference to support our NHS staff at UCLH. UCLH Charity will use residual appeal funds on projects that will support staff and service recovery. We will also continue to raise funds to support them, our patients, vital research and innovative medical equipment 'above and beyond' what the NHS can provide.

To get in touch with the team, email Carol Haraldsson at carol.haraldsson@nhs.net

Or to keep in touch by following us on social media: